## **Companies/Organisations**

If you want to pay attention to the psychosocial well-being of your employees or wish to generate new insights, you can rely on the peace and tranquillity of a forest bath in the Verbeke Foundation. Your team is invited to fully surrender to the magic of the moment. Interaction with art and nature excites the imagination and stimulates the involvement. This slow walk also works inspiring and invites self-regulation and co-creation. When your employees are confronted with uncertainties or stress, they can draw strength from this meaningful experience.

Duration of the walk: 2.5 to 3 hours

Time: To be agreed via <u>info@verbekefoundation.com</u> Price: Groups from 1 to 15 persons: €600 Excl. VAT Groups of > 15 persons: 2nd Group to €450 excl. VAT