## Individuals

Waste your Time

Can you resist the temptation to be constantly busy? Try it out and give you a day of relaxation in the Verbeke Foundation. Treat yourself to musing and wandering time. Delay can initially feel very uncomfortable, but if you allow it, you will experience the power of freedom, trust and agility. Enchanted by the simplicity of nature and the moment you find silence in the Verbeke wilderness. Walk along the Earth's rhythm and enjoy a savoury meal, composed of seasonal vegetables and herb plants that grow lush in the Verbeke terrain.

Duration of the walk: 2.5 to 3 hours

Time: To be agreed via info@verbekefoundation.com

Price: 70€ per person for a full day with guided hike, meal and visit to the art site

## **Children's Parties**

Surprising activities in nature, mirroring yourself in sculptures or just chasing your nose, in the Verbeke Foundation is a feast for the senses! Green pancakes are made with a yarrow, dandelion leaf and nettle tops that can be found on the Verbeke terrain.

Duration of the party: 3 hours

Time: To be agreed via info@verbekefoundation.com

Price: €15 per person